

The Royal Society of Medicine

TACKLING HEALTH INEQUALITIES

This chronology provides a historical overview of selected reports, policies, legislation and implementation applicable to tackling health inequalities in England from the first statutory intervention in health in 1848 to Lord Darzi's independent report on the state of the NHS in England published on 12 September 2024.

All URL links are current to 20 December 2024.

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Edwin Chadwick establishes a link between poor living standards and the spread of infectious diseases in his 'Report on the sanitary condition of the labouring population of Great Britain'.



1946

6 November - Aneurin
Bevan publishes
the National Health
Service Act 1946. The
Act provides for the
establishment of a
comprehensive health
service for England
and Wales, that is free
at the point of use and
universally available to
all, financed by general
taxation.



1848

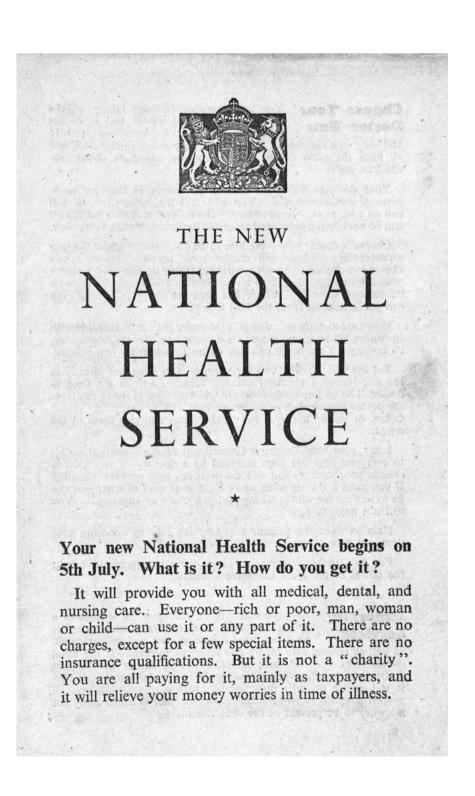
31 August - Parliament passes the Public Health Act 1848 encompassing many of Chadwick's concerns and includes a requirement for regional reporting of infections and deaths to the newly established General Board of Health.

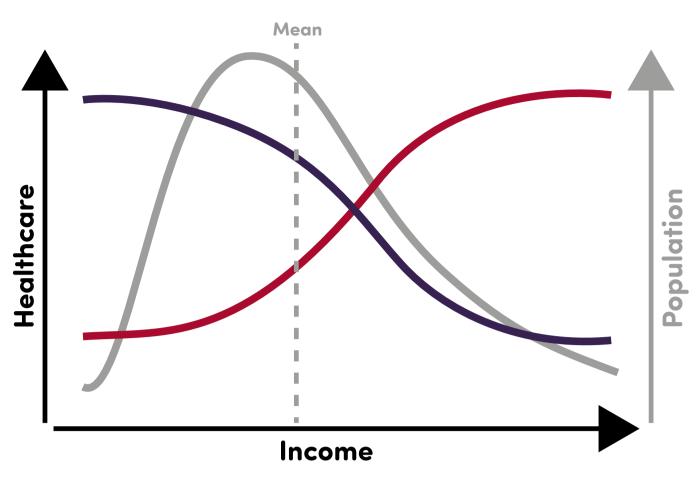
Image Credit: <u>Sitting of General Board</u> of Health, Whitehall, 1846. <u>Wellcome</u> Collection. <u>Public Domain Mark</u>



1948

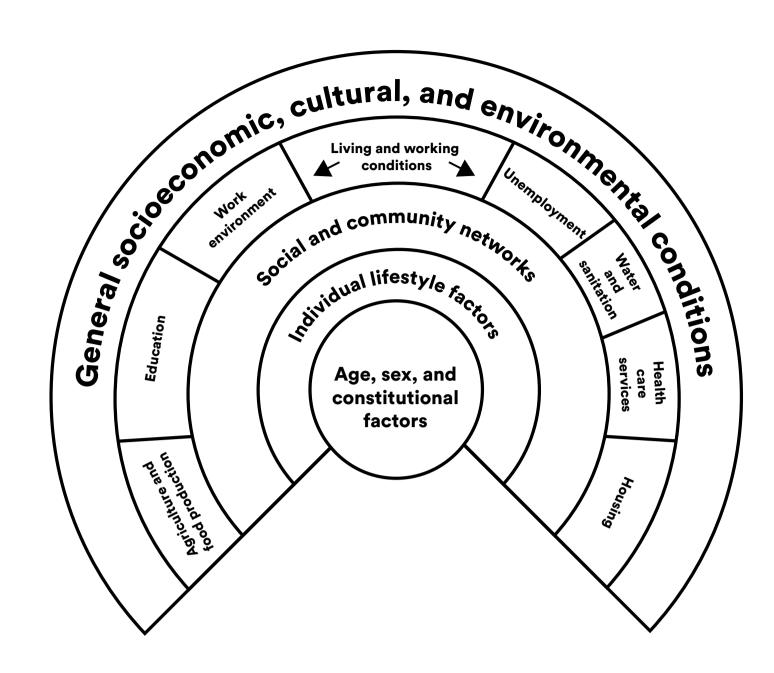
5 July - The National Health Service (NHS) is established, when the National Health Service Act 1946 comes into force.





- UK weekly household disposable income
- Healthcare need
- Healthcare access and quality

27 February - In a seminal Lancet article, Julian Tudor Hart publishes 'The Inverse care law', in which he claims that the use of and need for healthcare are inversely related, implying that the relatively poor are facing disproportionate barriers to NHS access.



1991

January - The 'layers' of influence' model for determinants of health is proposed in a discussion paper by Göran Dahlgren and Margaret Whitehead and will be examined in the Acheson Report 7 years later.





30 August - The

'Inequalities in health'

(Black Report) is
published, the first major
independent review
of health inequalities
in Britain. It was
commissioned by the
Labour Government in
1977, following concerns
that socioeconomic

differentials in health had widened since the introduction of the NHS. The report's recommendations are not implemented by the new Conservative government due to the proposed scale of public expenditure.



1998

26 November - The seminal 'Independent inquiry into inequalities in health' (Acheson Report) is published, the second major independent review of health inequalities in England and one of the first actions commissioned by the new Labour Government in 1997. The report informs

development of the government's public health strategy, and its three crucial recommendations are cited in several official policy documents, including the 'Saving lives: our healthier nation' white paper (July 1999) and 'Reducing health inequalities: an action report' (July 1999).

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is published as a 10year modernisation programme of investment and reform of the NHS, emphasising the importance of tackling health inequalities. 2001

February - For the first time in the UK, the government announces national targets to reduce inequalities in infant mortality and life expectancy at birth by 10% by 2010.

11 May - The <u>Health and</u> Social Care Act 2001 formalises <u>The NHS Plan</u>.



2009

May - <u>'Tackling health</u> inequalities: 10 years on' is published, taking stock of developments in health inequalities in England from the publication of the <u>Acheson inquiry report</u> in November 1998 to November 2008 when the post-2010 strategic review was announced.



Image Credit: Health Inequalities Unit
Department of Health

2003



The WHO Regional
Office for Europe
publishes a summary of
evidence on the social
determinants of health
to provide a deeper
understanding of health
disparities in a global
perspective.

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2 July - 'Tackling health equalities: a programme for action' sets out the delivery of the national health inequalities 2010 target and supports a long-term sustainable reduction in health inequalities. This cross-government strategy will end with the change in government in 2010.

2010

February - The influential 'Fair society, healthy lives' (Marmot Review) is published, the third major independent review of health inequalities in England. It was commissioned by the Labour Government in 2008 to contribute to the development of a post-2010 health inequalities strategy.

30 November - The Coalition government's response to the Marmot Review is embodied in their first public health white paper, 'Healthy lives, healthy people'. The main structural change for public health is the transfer of health improvement functions from primary care trusts to local authorities, the creation of Public Health England and a new public health outcomes framework.



The UCL Institute
of Health Equity is
established, led by
Professor Sir Michael
Marmot. It leads and
collaborates on research
to address the social
determinants of health
and improve health
equity.

2013

1 April - Following the

Health and Social Care

Act 2012, a new NHS,

public health and adult

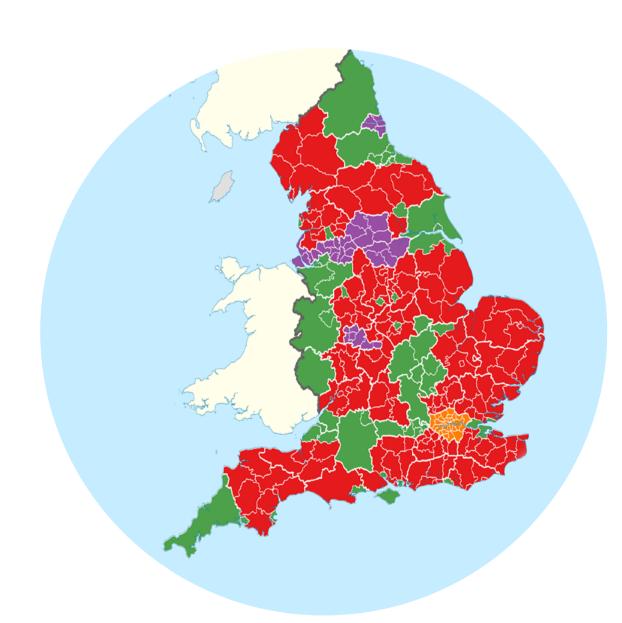
social care structure

comes into effect.

20 November - The first meeting of the NHS
Equality and Diversity
Council. Its purpose is to help improve the healthcare access, experiences and health outcomes for all patients and communities, and to support the NHS to become a more inclusive employer.



2012



February - The first publication of 'Health indicators for local authorities in England' (Marmot Indicators) to support monitoring the overall strategy in reducing health inequalities.

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27 March - For the first time in England, key national and local NHS decision-making bodies are required by law to address inequalities in access and outcomes under the Health and Social Care Act 2012.



2019

7 January - NHS England publishes The NHS Long Term Plan setting the direction of the health service across 10 years to 2028. The plan sets out to establish a 'more concerted and systematic approach to reducing health inequalities' alongside a number of specific inequalities initiatives such as supporting ethnic minorities.

February - The 'Health equity in England' report is published, commissioned by the Health Foundation to examine progress in addressing health inequalities in England, 10 years on from the landmark Marmot

Review, and to propose recommendations for future action. It highlights differences in healthy life expectancy of 12 years between the most and least deprived local authorities and confirms an increase in the North/ South health gap.

30 May - NHS England and the NHS Confederation launch the NHS Race and Health Observatory, an independent body to investigate and provide practical support to the health inequalities.

2 June - Public Health England publishes a descriptive review on the 'Disparities in the risk and outcomes from COVID-19' based on surveillance data. It confirms that the NHS in eradicating ethnic impact of COVID-19 has replicated existing health inequalities and, in some cases, has increased them.

7 August - In response to COVID-19 inequalities data, NHS England and NHS Improvement publish <u>8 urgent actions</u> to address inequalities in NHS provision and health outcomes.

December - The COVID-19 Marmot Review 'Build back fairer' is published examining inequalities in COVID-19 mortality, effects of the pandemic and the societal response to contain it on health inequalities and setting out recommendations moving forwards.

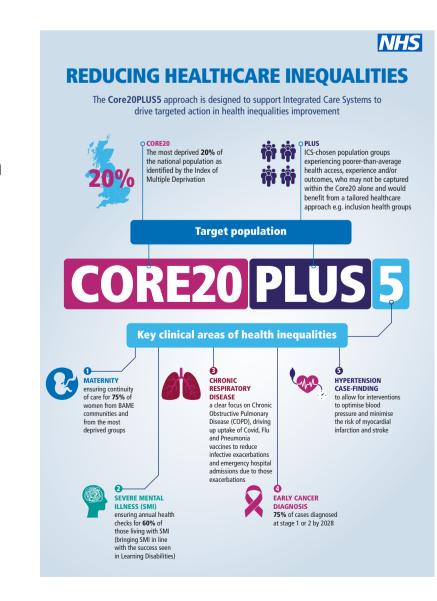
Dr Bola Owolabi is appointed in the new role of **Director, Health Inequalities** at NHS England and NHS Improvement.



2021

1 October - Following the decision to <u>dismantle</u> Public Health England (March 2021), the Office for Health Improvement and Disparities is launched responsible for at both national and public health functions along with NHS England and to tackle health disparities across the UK. Plan commitments to

1 November - NHS England and NHS Improvement's new Core20PLUS5 approach to support the reduction of health inequalities system level goes live. It aims to deliver The NHS Long Term reducing healthcare inequalities in England.



25 November - A national Health <u>Inequalities</u> Improvement Dashboard is made widely available <u>inequalities'</u> is published. as a central tool for measuring, monitoring and informing action on health disparities based on ethnicity and deprivation.

3 December - The cross-government 'Final report on progress to address COVID-19 health



Image Credit: Department for Levelling Up, Housing and Communities

2 February - The government publishes the 'Levelling up' white paper which explicitly refers to addressing significant regional inequalities including health.

17 March - The government launches their landmark 'Inclusive Britain' strategy setting out 70 practical actions including addressing longer-term health inequalities in ethnic minorities, in response to the 24 recommendations included in the independent 'Report of the Commission on Race and Ethnic Disparities' (March 2021).

28 April - The <u>Health</u> and <u>Care Bill 2022</u> receives Royal Assent

receives Royal Assent to establish a legislative framework for new integrated care system structures including measures to tackle health disparities.

2022



8 March - The Royal
Society of Medicine
announces the launch
of a new multi-year
education programme
'Tackling inequalities'
in partnership with
NHS England and NHS
Improvement, to begin
with an inaugural
conference on 11 January
2023 focussing on
Core20PLUS5.



24 May - Secretary of
State Sajid Javid states
in his speech at the
Onward Social Fabric
Summit that a new
white paper on tackling
health disparities will be
published later in 2022. It
will focus on prevention
and disparities by
ethnicity, socioeconomic
background and
geography with an
opportunity to set out
more detailed plans.

12 July - A coalition of
47 organisations and
charities issue a Health
Disparities White Paper
Consensus Statement
urging the Government
to take immediate
action in implementing
policies to tackle health
inequalities.

30 September - The Inequalities in Health Alliance (IHA), a coalition of over 155 health organisations sign a letter urging the Health and Social Care Secretary to commit to publishing the Health Disparities White Paper by the end of 2022, following media reports suggesting its withdrawal.

11 October - The Office for Health Improvement and Disparities publishes guidance on 'Health disparities and health inequalities: applying All Our Health'.





21 July - NHS England publishes 'Tackling inequalities in healthcare access, experience, and outcomes: actionable insights' to support NHS services in reducing healthcare inequalities and compliments the Healthcare Inequalities Improvement Dashboard.



3 November - NHS
England issues
their 'Health and
injustice framework
for integration 20222025: Improving lives reducing inequality'.

December - Seven accelerator sites across England's integrated care systems are selected to target quality improvement and reduce health inequalities in key clinical areas and population groups using the Core20PLUS5 approach. Moving forward into 2023/24, other initiatives include Core20PLUS ambassadors and Core20PLUS Community Connectors.



24 January - The Institute of Health Equity teams up with Legal & General to launch the UK's first Health Equity Network (HEN) for organisations and communities across the country to collaborate and encourage interdisciplinary problem solving on health equity.

August - Commissioned by NHS England, the Institute of Health Equity delivers a report on practical proposals to improve accountability for health inequalities across integrated care systems, stating that existing NHS tools and approaches are only likely to increase actions on healthcare inequalities and not accountabilities.

28 September - NHS
England's 'Inclusive
digital healthcare: a
framework for NHS
action on digital
inclusion' recognises
that reducing health
inequalities and
improving digital
inclusion should focus
on wider inclusive user
design and delivery for
digital products and
services.



2023



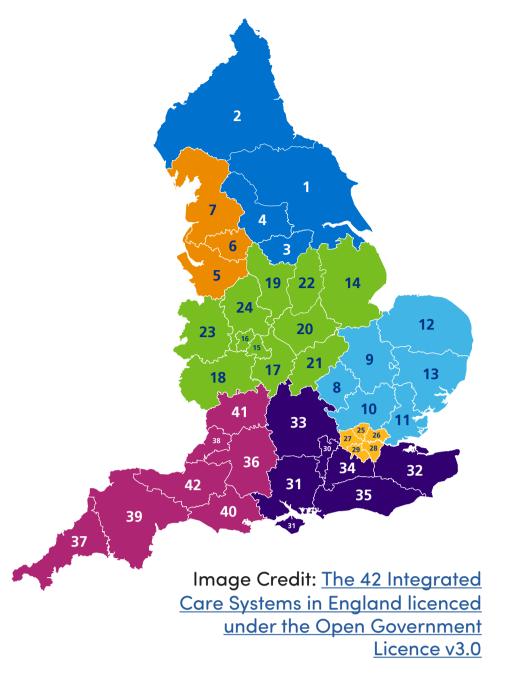
27 January - £200
million allocated to
tackle health inequalities
was distributed to
integrated care boards
in 2022/23 and 2023/24.
From 2023/24, this
funding is included
in the NHS baseline
budget, increasing with
inflation but no longer
ringfenced.

14 August - The
Department for Health
and Social Care's
interim report on the
forthcoming Major
Conditions Strategy for
England sets out the
Government's approach
to tackling 6 groups
of health conditions

including promising to reduce inequalities in health outcomes. It follows an earlier announcement that the Health Disparities White Paper (which had been expected in 2022) will not be published.

9 October - NHS
England publishes 'A
national framework for
NHS - action on inclusion
health' to support
integrated care systems
in planning, developing,
and improving health
services for socially
excluded population
groups.

27 November - NHS
England publishes
its first Statement on
Information on Health
Inequalities to help
relevant NHS bodies
understand their duties
and powers in collecting,
analysing, and
publishing information,
and how these should be
exercised.



23 March -The NHS
Federation issues
a practical toolkit
highlighting existing
good practice, to inform
allocating spending and
to support implementing
high impact changes
within integrated care
systems who were
set a core goal in July
2022 to address health
inequalities.

April - The Institute of Health Equity's 'England's widening health gap: local places falling behind' report highlights an association of an average 34% reduction in local authority spending power with widening life expectancy inequalities between regions and within local authorities in England since 2010.

April - NHS England's
Innovation for
Healthcare Inequalities
Programme (InHIP)
comes to an end. £4.2
million was made
available nationally to
fund eligible projects
to improve access
to innovative health
technologies and
medicines run with local
communities across
England.

2024

8 November - The
King's Fund report
'Tackling health
inequalities on NHS
waiting lists' illustrates
how taking an
inclusive approach
has led to a reduction
in elective care
backlogs after the
COVID-19 pandemic
based on learning
from local case
studies.



8 January - The Institute of Health Equity's 'Health inequalities, lives cut short' report confirms that 'a million people in 90% of areas in England lived shorter lives than they should have between 2011 and the start of the pandemic'. The findings add to the evidence that the cumulative impact of regressive funding cuts is associated with austerity on the population's health.

27 March - NHS
England publishes its
operational planning
guidance for 2024/25,
outlining the priority
areas and objectives
for the service
including developing
action plans to address
health inequalities
and implement
the Core20PLUS5
approach by the end
of June 2024.

17 April - The Health
Foundation reports
that 3.7 million
working-age adults in
England will be living
with major illness
by 2040 (up from 3
million in 2019) with
80% of this increase
being in the more
deprived areas.

16 May - NHS
England retains
and updates 8
equality objectives
for 2023/24 and
2024/25.



9 September - Chaired by Baroness Heather Hallett, the independent UK Covid-19 Inquiry releases the first

Every Story Matters:

Healthcare record of their public hearings (which started in October 2022) focussing on patient and

healthcare professional experiences of the UK healthcare systems during the pandemic. Further hearings examined healthcare-related inequalities (such as in relation to death rates, PPE, and oximeters).

Image Credit: Official portrait of Baroness Hallett licensed under the Creative Commons Attribution 3.0 Unported license.

17 September - Chaired by
Lord Darzi and Dame Sally
Davies, the final report
of the Institute for Public
Policy Research's 3-year
cross-party Commission
on Health and Prosperity
in the UK is published,
outlining a health creation
system which would add
10 years to healthy life
expectancy by 2055 and
halve regional health
inequalities.

report from the Centre
for Local Economic
Strategies (CLES)
and The King's Fund
presents a case to the
Government for regional
devolution in England
being an effective
approach towards
narrowing health
inequalities.

The Government publishes the English Devolution
White Paper which includes introducing a new bespoke statutory health improvement and health inequalities duty for Strategic Authorities.







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29 September -

Based on their 5-year programme of work on tackling the worst health outcomes, The King's Fund delivers 7 priorities for the NHS in tackling health inequalities to be considered by the Government's forthcoming 10-year health plan.

26 November - The Government publishes their Get Britain Working White Paper. It's backed by £240 million of investment including funding to tackle ill health as the biggest driver of economic inactivity, particularly in communities affected by deprivation and inequality.